

Clock on the Ceiling

Field of application	Jolt Perspective
Resume / Brief description	This activity provides participants an opportunity to experience and recognise perspective shifts.
Target group	Students Lecturers Entrepreneurs Colleagues of the same company or work team Colleagues working in intercultural contexts Professionals of different area
Group size	Optional
Objectives	Experience and recognize a change of perspective
Requirements	Material <ul style="list-style-type: none">• n/a Time <ul style="list-style-type: none">• 5-10 minutes
Implementation - Guidelines	1. Process <ul style="list-style-type: none">• The participants rise.• Ask them to point to the ceiling with their arm and index finger stretched out.• The participants draw a circle with their finger, turning clockwise.• Check if the direction is correct.• After a few turns with the arm stretched out, ask the participants to continue the turn while rotating the arm down to chest level.• Ask the question: "In which direction does your finger turn: clockwise or anti-clockwise?"• Many participants will react irritated because they notice that they turn counterclockwise.• Give the instruction to start over and concentrate better.• When the first participants leave because they realise they have done nothing wrong, they stop and start the debriefing. 2. Debriefing <ul style="list-style-type: none">• Bring the discussion to the following conclusion: The finger always turns in the same direction, only our perspective changes.• Where in life does perspective play a decisive role?
Additional format/references	Thiagarajan, S. (2013). Interactive Techniques for Instructor-Led Training. Thiagarajan, S. (2016). Interaktive Trainingsmethoden: Thiagis Aktivitäten für berufliches, interkulturelles und politisches Lernen in Gruppen (3. Auflage.). Schwalbach: Wochenschau Verlag.

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