

# Clock on the Ceiling

<b>Field of application</b>	Jolt Perspective
<b>Resume / Brief description</b>	This activity provides participants an opportunity to experience and recognise perspective shifts.
<b>Target group</b>	Students Lecturers Entrepreneurs Colleagues of the same company or work team Colleagues working in intercultural contexts Professionals of different area
<b>Group size</b>	Optional
<b>Objectives</b>	Experience and recognize a change of perspective
<b>Requirements</b>	<b>Material</b> <ul style="list-style-type: none"><li>• n/a</li></ul> <b>Time</b> <ul style="list-style-type: none"><li>• 5-10 minutes</li></ul>
<b>Implementation - Guidelines</b>	<b>1. Process</b> <ul style="list-style-type: none"><li>• The participants rise.</li><li>• Ask them to point to the ceiling with their arm and index finger stretched out.</li><li>• The participants draw a circle with their finger, turning clockwise.</li><li>• Check if the direction is correct.</li><li>• After a few turns with the arm stretched out, ask the participants to continue the turn while rotating the arm down to chest level.</li><li>• Ask the question: "In which direction does your finger turn: clockwise or anti-clockwise?"</li><li>• Many participants will react irritated because they notice that they turn counterclockwise.</li><li>• Give the instruction to start over and concentrate better.</li><li>• When the first participants leave because they realise they have done nothing wrong, they stop and start the debriefing.</li></ul> <b>2. Debriefing</b> <ul style="list-style-type: none"><li>• Bring the discussion to the following conclusion: The finger always turns in the same direction, only our perspective changes.</li><li>• Where in life does perspective play a decisive role?</li></ul>
<b>Additional format/references</b>	Thiagarajan, S. (2013). Interactive Techniques for Instructor-Led Training.  Thiagarajan, S. (2016). Interaktive Trainingsmethoden: Thiagis Aktivitäten für berufliches, interkulturelles und politisches Lernen in Gruppen (3. Auflage.). Schwalbach: Wochenschau Verlag.

🕒 Revision #3

★ Created 6 July 2021 14:23:01 by Petra Riedinger

✎ Updated 15 August 2022 16:58:18 by Admin



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