

Zoom-Sociometry

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| Field of application | Online exercise in video conference call Getting to know each other Activation Finding similarities |
| Resume / Brief description | The moderator asks several questions to which the participants can answer with yes or no. According to their answer, cover the camera with a (coloured) paper or sticky note (if answer is no) or uncover the camera by taking the paper or sticky note away (if answer is yes). |
| Target group | Students Lecturers Entrepreneurs Colleagues of the same company or work team Colleagues working in intercultural contexts Professionals of different area |
| Group size | This exercise can involve a variable number of participants. |
| Objectives | The Animal Exercise has the objective <ul style="list-style-type: none">• To get an overview and impression of a group• To do team building via similarities (same answers)• To activate reflection of participants (questions related to the topic). |
| Requirements | Material <ul style="list-style-type: none">• (coloured) paper or sticky note or other (e.g. also own hand) to cover or uncover camera Time <ul style="list-style-type: none">• Flexible• usually 3-4 questions or 5-10 minutes |
| Implementation - Overview | 1. Preparation <ul style="list-style-type: none">• The moderator has prepared several questions to which the participants can answer with yes or no.• The participants have something to cover or uncover their cameras. 2. Roll-out <ul style="list-style-type: none">• The moderator reads out loud one questions after another• The participants respond to the question by covering or uncovering their cameras:<ul style="list-style-type: none">◦ If they can answer the question with "yes", they uncover their camera by taking away the paper or sticky note or other object◦ If they can answer the question with "no", they cover their camera with a paper or sticky note or other object. |
| Templates, Graphics for download | Zoom-Sociometry.pdf |

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